



Josephine County
FOOD BANK

Volunteer Application

Josephine County Food Bank,
3658 Upper River Road • P.O. Box 250, Grants Pass, OR 97528



Name: _____ Email: _____
 Phone: (____) _____ Cell: (____) _____
 Address: _____ City: _____ State: _____ Zip: _____
 Emergency Contact: _____ Phone: (____) _____

1. How did you hear about the Josephine County Food Bank? (i.e., school, civic group/club, church, court or student requirement, other):

2. Physical Limitations:

Please explain / comments:

Are you taking any medications we should be aware of? No Yes _____

Do you have back problems? No Yes _____

Do you prefer a seated volunteer position? No Yes _____

How many lbs. do you feel comfortable lifting? _____ lbs.

3. General Availability: Mark when you are available. Weekdays Weekends Evenings Special Events

4. Interests: Please mark your areas of interest.

- Farm Food Demos Food pickups driver Educational Programs Building or Construction
- Food pickups rider Advocacy/Policy/Research General Office Work Marketing/PR Sorting/Packing Food
- Special Events Gleaning Site Maintenance Other: _____

5. Do you speak any languages other than English? No Yes _____

6. How many other places do you volunteer? _____

7. Do you follow JoCo Food Bank on Social Media? Yes No

OPTIONAL QUESTIONS BELOW:

Survey information: (Optional information for grant writing and funding purposes.)

Age: _____ **Birthday:** _____

Ethnicity: White (Non-Hispanic) Hispanic African-American Asian Other

Education: <9th Grade 9th-12th Dipl/GED Some College Assoc Degree Bachelors Masters PhD/Doctorate

Veteran? Yes No

Income Range/Yr: <\$25K \$25K-\$40K \$40K-\$60K \$60K+

Occupation: _____

Office Use Only:

Rec'd By: _____ Date: _____ Contacted: _____ Assigned? N Y Dept: _____

Start date: _____ Date of orientation: _____ Not Active _____ Closed _____

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Volunteer Agreement

Thank you for agreeing to volunteer at the Josephine County Food Bank. Your work will help to feed hungry people in Josephine County. We appreciate all the work that volunteers do for us and we hope to make this a satisfying and fun experience for you as well. These guidelines have been established to create a safe, productive and gratifying volunteer experience for everyone.

Josephine County Food Bank Policies

- Volunteers must not report to the Josephine County Food Bank under the influence of alcohol or any other mind-altering drug/substance.
- Individuals with a record of violent crime or any type of domestic abuse will not be accepted as volunteers.
- All matters pertaining to clients will be considered strictly confidential.
- Dress is expected to be appropriate for the task. For working on the farm, it is encouraged that you wear close toed shoes, long sleeves, sunscreen, and a hat. For the warehouse, close toed shoes are required and you should bring a jacket in case you work in the refrigerated areas.
- Arrive for scheduled shifts on time and stay until the shift is completed. Call the Volunteer Coordinator if unable to make the scheduled volunteer shift.
- Accurately record volunteer time on the records sheet in each department.
- If you have a question or a problem, you should go to the Volunteer Coordinator, the Warehouse Manager, or the Farm Manager.
- When representing the Josephine County Food Bank in public, plan to act professionally, upholding the mission of the JoCo Food Bank.
- No forms of harassment will be tolerated. The Josephine County Food Bank is committed to providing a work environment where women and men can work together comfortably and productively, free from all forms of harassment, sexual or otherwise.
- There is no smoking/vaping on the property at any time.
- Report any accidents or injuries to your immediate supervisor or the Volunteer Coordinator. Report all injuries including minor injuries such as bruises and scrapes. Fill out an accident report provided by your supervisor.
- Anyone under the age of 14 must be accompanied by a parent or guardian at all times.

In return the Josephine County Food Bank agrees to:

- Provide adequate job training.
- Provide adequate space and good working conditions.
- Maintain record of all volunteer hours.
- Provide references and /or confirmation of hours worked (with advance notice).
- As an equal opportunity employer, it is our policy to ensure that each volunteer is accorded equal treatment and opportunity.
- The Volunteer Coordinator will provide further information on these policies through the Volunteer Handbook (located in the main office) or individually on request.

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Safety Standards and Emergency Procedures

- Work according to good safety practices as posted, instructed and discussed. If you are unsure of something, **ASK!**
- Refrain from any unsafe act that might endanger oneself, the people we serve, or co-workers.
- Do not use equipment unless you have received training and permission to do so.
- Use all Personal Protective Equipment (PPEs) provided for your safety.
- Report any unsafe situation or acts immediately to your supervisor.
- Fires or emergencies should be reported to the supervisor. If evacuation is required, volunteers should use the closest unaffected exit in a quick and calm manner. Move as far away from the building as possible for your safety and make room for emergency vehicles.
- Be safe. Use proper lifting techniques. Solicit help if you need it.
- Proper hygiene is required as well as handwashing. Keep your work area clean.

Waivers

- I hereby agree to hold harmless and waive any and all claims or causes of action against the Josephine County Food Bank arising out of any cause whatsoever, including but not limited to claims arising out of the negligence on intentional conduct of its employees or agents.
- I attest that I am physically fit and prepared to perform the tasks assigned to me as a Josephine County Food Bank volunteer.
- I further agree to use my personal insurance as the primary provider in the event of injury due to my work as a volunteer for the Josephine County Food Bank.
- I shall not operate a personal vehicle for volunteer activities unless I have at least the minimum amount of liability insurance required by Oregon law.
- The Josephine County Food Bank is not responsible for loss or damage to volunteer's personal property.

Release of All Claims

Please read this form carefully and be aware that by signing this form and participating in Josephine County Food Bank's volunteer projects and activities, you are assuming all risk and legal liability of participation and hereby waive and release all claims for injuries, damages or loss which you or your minor child might sustain as a result of participating in the Josephine County Food Bank's volunteer projects and activities, either on-site, at Raptor Creek Farm, or at offsite special events.

Acknowledgement and Assumption of Risk

I am duly aware of the risks and hazards that may arise through volunteering in a Josephine County Food Bank volunteer project, and assume any expenses and liabilities I incur in the event of an accident, illness or other incapacity. I understand that these activities may include strenuous work and physical activity. If I have any questions about the volunteer activity, its nature, risks or hazards, I will contact the Josephine County Food Bank volunteer coordinator and discuss those questions with he/she to my satisfaction. I am aware the activities in which I am voluntarily engaging require I be physically, mentally and emotionally fit and able to participate in this program. I recognize it is my sole responsibility to accurately and honestly assess my physical, mental and

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emotional fitness. I further state I am aware of all inherent dangers of participation and the risks associated with my participation in the Josephine County Food Bank volunteer activities and I understand, accept and assume those hazards and risks, and waive all claims against the Josephine County Food Bank and others as set forth below.

Release of Liability

I acknowledge that my participation in the Josephine County Food Bank volunteer project is voluntary and I agree to take due care during such participation. Furthermore, I hereby release and discharge, and agree to indemnify and hold harmless the officers, directors, members, agents, employees, landowners and volunteers of the Josephine County Food Bank against all claims, demands, causes of action whatsoever, relating to injury, disability, death or other harm, to person or property or both, which may arise out of my participation in this activity. I understand that this means that, among other things, I am giving up my right to sue for any such losses, damages, injury or costs that I may incur. After careful deliberation, I voluntarily give my consent and agree to this Acknowledgement and Assumption of Risk and Release of Liability.

If above named person is a minor, then I assert that I am the parent or legal guardian of the participant listed above. I have read, understand and agree to the provisions of this Acknowledgement and Assumption of Risk and Release of Liability. I consent to the participant listed above taking part in the Josephine County Food Bank volunteer activity. I hereby release and discharge, and agree to indemnify and hold harmless, the Josephine County Food Bank and its officers, directors, members, agents, employees, landowners and volunteers of the Josephine County Food Bank, against all claims, demands and causes of action whatsoever, relating to injury, disability, death or other harm, to person or property or both, arising from my child's/ward's participation in the activities at a Josephine County Food Bank volunteer project.

Consent: I irrevocably grant the Josephine County Food Bank and its agents, the unrestricted right to use my name, likeness, photos, video images and voice recording for any purpose including promotion, advertising or other purposes.

I have read, understand and agree to the above Josephine County Food Bank policies, safety and emergency procedures, and waivers:

Participant Signature (Or parent/guardian if volunteer is a minor)

Date

Print Name(s): _____